

Retired Members Section

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Newsletter

EDITION NO. 110 - June 2009

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On the web at :- <http://www.unisonlancs.org.uk/retired.asp>

Diary Dates 2009

County Hall

Bowling

Friday 26th June - 2-5pm

Come along and join us at
Penwortham Sports Club

Talks - 2pm

Friday 30th October

A talk given by the
County Welfare Rights Service

Northern Sub-Group

Annual Summer Lunch

Tuesday 7th July

Elms Hotel Morecambe

Join us for lunch, afterwards *Barbara Rudge* will give one of her adventure talks.

Walks 2009

Wednesday 17th June

A circular walk around *Malham*.

Monday 20th July

Roy Rich will be organising another walk
of approximately **14** miles

Wednesday 22nd July

A walk to *Feizor* and along the
Giggleswick Scar

Bowling

As many of you are aware we once had a thriving **bowling club** which eventually ceased due to changing venues and lack of a **Bowling Secretary**. As I mentioned at the **A.G.M.** with our more flexible new constitution we can take a more easy going view. As a consequence we are going to try to start up bowling again.

We have booked the Friday afternoon 2.00 to 5.00 June 26th at the **Penwortham Sports Club**. As a start we hope anyone interested will be there so we can see if we can start a bowling club again. If you are interested but can't come please let myself or our **Secretary Maureen Vass** know you are interested.



The club is on **Leyland Road**, just coming out of Preston, and immediately past the **Mary Magdalene** church on the left hand side. Initially there is no charge, hot water is provided and our **Charlie Beasley** will be there to provide information and help organise the afternoon. In the hope we can start a bowling club again we have provisionally booked the last Fridays in **July, August** and **September** so if you can not make 26th June you would be welcome at the later dates..

Dave Sergeant

Chairman

Northern Sub Group

Annual Summer Lunch Elms Hotel Morecambe

Tuesday 7th July at 12.30pm

This popular event has been arranged in a private room at the *Elms Hotel* and the menu includes a choice of four starters, four main courses, and four sweets. The price inclusive of coffee and chocolates is **£13.50**. Afterwards *Barbara Rudge* will give one of her adventure talks. An application form is attached to be returned *Ron Clement* at the address shown.



Ray Rudge"
Treasurer

Retired Members Walking Group

Group Correspondent: Don Windle, 25 The Howgills, Fulwood, Preston, Lancashire PR2 9LX.
Telephone: (01772) 713820

Walk Dates for 2009

*17th June, 17th July (Roys long walk),
22nd July, 19th August,
16th September, 14th October,
4th November (Programme meeting)
The 13th January 2010 walk to be arranged.*

Grid References give Location of Meeting Points

If you are not familiar with grid references, the meeting points can be located from most regular 4 miles to 1 inch motoring maps.

The next walk is on **Wednesday 17th June** start at 11am. Walk Leader is *Trevor Draycott* you can contact him on 01772 705876.



Meet in the *Yorkshire Dales National Park* car park at MALHAM at the southern end of Malham village. Malham is approximately *seven miles* by road north of the A 65 turn north onto Eshton Lane in Gargrave. The

unclassified road winds its way north along the Aire Valley via Airton and Kirkby Malham not a road to rush neither are the several alternative routes you may see on the map.

Ordnance Survey Outdoor Leisure 2. Grid Reference 900 627. Landranger 98.

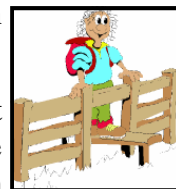
A walk of approximately 7miles, with toilets at the car park.

A circular walk around Malham including *Janet's Foss, Malham Lings, Water Sinks, Langscar Gate, Napper Cross* back to Malham. This walk will include some **stiff gradients**.

On **Monday 20th July Roy Rich** will be organising another walk of approximately **14** miles. If there are any keen walkers please contact **Roy** on 01772 454601 for arrangements. **Please note this will be a 10am start.**

The **July** walk will be on **Wednesday the 22nd**, start at 11am.

Walk Leader is **Joan Booth**, you can contact her on 01772 732177.



Meet in the car park at STAINFORTH adjacent to the B6479 Settle to Horton in Ribblesdale road. **Landranger Sheet 98. Grid Reference 821 672.**

A walk of approximately 7 miles. There are toilets at the car park.

A walk to *Feizor* and along the *Giggleswick Scar* then back along the river *Ribble*.

Flo & Don Windle"
Walk Organisers

Membership Secretary's Report

Since our last report we have had **8** new **Members**, we offer them a warm welcome They are:

Rosanne Smith

Lea;

Mrs Eileen Cooper

Leyland;

David Cowell

Flixton;

Mrs Rosemary Fish

Preston;

Mrs Pauline Harrison

Preston;
Norbert Horrocks
 Great Harwood;
Mrs Pauline Worden
 Oswestry;
Mrs Joan Williamson
 Chorley.



Sadly 3 of our members have died, we offer our condolences to their family and friends.

Mr B Howorth
 Blackpool;
Mrs EM Knowles
 Fulwood;
M Worden
 Penwortham.

Our membership is 1910
 (including 34 associate members)

Available to Rent

"Luxury 2 bed pent house apartment on exclusive *La Finca* championship golf course 10 km inland mid way between *Alicante & Murcia, Spain* for rental. Sleeps 4.

Well equipped and beautifully furnished. Breakfast balcony and spacious roof-terrace with stunning views of the Course and of the surrounding countryside.

Within easy drives of beautiful beaches, countryside, walks, cultural sites. Excellent for active or lazy holidays."

£250 - £300 per week + 20% off for all Unison Members.

For more information please visit:

<http://www.lafincagolfowners.org>

Or ring Bill Taylor on:-
07768 793 312 or 01254 668 404

Available to Rent

Fully equipped 1 bedroom apartment (sleeps 2/4) in *Gran Canaria*.

Monday 22nd June 2009 to 29th June 2009

£200.00 for the week.

The complex of *Club Puerto Calma* is situated on a hill opposite the beach and marina of *Puerto Rico* with views over the port and gardens. Access to the beach is a pleasant short walk via the marina. There is

a spacious sun deck around the pool, also a licensed snack bar. The resort organises numerous events during the day with water sports. The complex has a very nice restaurant and on occasions evening entertainment.

The apartment has a large balcony that gets most of the afternoon sun, relaxing sun loungers, table & chairs with a large sun canopy.

The bars, restaurants and night spots of the town are all within easy reach. Taxi's, an excellent supermarket, gift shop and a few restaurants and snack bars are situated just across the road.

Not suitable for people with walking difficulties, but the complex is wheel chair friendly.

Telephone after 6pm 01772 742459

Health Branch
Contact Irene Cottam on
01772 492936

Health Branch Trip
Croyde Bay in DEVON
Unison Holiday Village
Excellent Facilities
20th to 27th June

Coach to Devon and return £296.00
Dinner, Bed and Breakfast
 Including 2 days and a ½ day trip out
 Entertainment and Dancing every night

Health Branch Outings
Wednesday 13th May

Rivington Hall

Lunch, Entertainment, Bingo and Dancing

Wednesday 10th June

Blakemere Craft Centre

Lunch included at the Centre

Wednesday 19th August

Welcome Days Out

Cranford Revisited, with Carvery Lunch

Tuesday 22nd September

Oswaldtwistle Mill

Lunch & Entertainment

Thursday 10th December

Christmas Lunch

UNISON RETIRED MEMBERS NORTHERN SUB GROUP LUNCHEON

THE ELMS HOTEL BARE MORECAMBE

Tuesday 7th July 2009 - 12.00 for 12.30

MENU

STARTERS

1. CREAM OF VEGETABLE SOUP

Freshly prepared and enriched with dairy cream

2. MELON GONDOLO

A wedge of ripe of honeydew melon set in a pool of fruit coulis within a ginger surround

3. PRAWN WALDORF

Icelandic prawns served with a crisp waldorf salad of apples celery and walnuts masked by Marie rose sauce

4. FRUIT JUICE

MAIN MEALS

A. BAKED STUFFED CHICKEN

Breast of chicken filled with Brie and wrapped in bacon, oven baked and presented with a creamy white wine sauce

B. ROAST LEG of LAMB

Served with a sweet mint sauce

C. GRILLED PLAICE

Sea fresh fillet of plaice brushed with butter, seasoned with milled pepper and lemon juice, grilled and served with lemon wedge tartar sauce

D. MEAT or PRAWN SALAD PLATTER

All served with a selection of vegetables and potatoes

SWEETS

w **BAKED JAM SPONGE WITH CUSTARD**

x **RASPBERRY PAVLOVA**

y **FRESH FRUIT SALAD**

z **VARIOUS ICES**

Freshly brewed Kenco coffee with chocolate confection

Northern Sub Group

Luncheon - Tuesday 7th July 2009

I/We wish to attend the above I enclose *my/our* meal selections & cheque for £.....(at **£13.50** per meal)

Please make cheques payable to:- **‘Lancashire Unison Retired Members Section’.**

Enter your Name & Address:

Name

Address

.....

Tel No.

Signature

<u>Starter number</u>	<u>Main Meal letter</u>	<u>Sweet letter</u>

Please return bottom part of this sheet with meal requirement's to:-
R Clement, 2 Leycester Drive, Lancaster. LA1 5HP. (Contact Number:- 01524 35860)

