

Lancashire UNISON

Retired Members Section

David Sergeant - Chairman
email:- davesergeant@yahoo.com

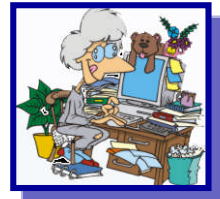
Maureen Vass - Secretary
email:- maureen.vass@btinternet.com
telephone:- 01257 271480

Newsletter

EDITION NO. 121 - June 2010

Edited & Produced by:

Mrs Christine Shaw
Buzon 02067,
Camino Tossal 5,
03729, Liber,
Alicante, Spain.
email:- casashaw@gmail.com



On the web at :- <http://www.unisonlancs.org.uk/retired.asp>

Diary Dates 2010

County Hall

Bowling

Friday 25th June at 2.00pm
come along to play or just chat

Talks - 2pm start

Friday 29th October

Rev Bob Worswick Perils of a Visiting Preacher

Friday 26th November

Mr Ronnie Ray 40 years in Showbiz

Northern Sub-Group

Summer Lunch

Tuesday 6th July

Headway Hotel.

See details for the Summer Lunch & the
2010/11 Talks timetable in this Newsletter

Talks

Winter programme starts 12th October

Walks 2010

Wednesday 23rd June

A circular walk around Malham
will include some stiff gradients

Health Branch

Welcome Day's Out trips on:-

Wednesday 21st July &

Wednesday 15th September

(details in this Newsletter)

Summer

As even the *Lancashire weather* improves and our members take off to their holidays (or start minding grand children during school holidays!) our activities quieten down. However, our activities are far from coming to a stop.

Bowling

Bowling continues 2.00 p.m. on the last Friday of the month until 24 September at the *Penwortham Sports Club* on *Leyland Road*. The first of this year's bowling took place in *splendid sunshine* on the 28th May. Despite being a *bank holiday* members turned out for that agreeable easy going time bowling can be in the sunshine, or simply consuming *tea and biscuits* and talking old (and new) times. There are limits to the numbers a bowling green will allow but there is still room for *more members*.

Morcambe Lunch

Our *Morecambe* branch regularly holds a *Summer Lunch*. This year it is being held at the *Headway Hotel* for the first time on the 6th July. The *Christmas Lunch* was held at the *Headway* for the first time and it was one of the best ever so it looks good for the summer lunch. In the summer a day trip to the seaside including meeting friends at a good lunch seems a pretty sensible way to spend a day.

Walks

O.K. I'll admit it, my more regular walking is down to the pub. However, the number of our members going on *our walks* and, in particular, the number of our members who *organise* and *lead walks* is

impressive. Between now and the end of *October*, when our first winter talk takes place in *County Hall*, no less than *seven walks* have been arranged, all dates & details of this months walk are in this Newsletter.

Dave Sergeant

Chairman

Executive Committee News

At our committee meeting on Friday we had a long discussion about the *Annual Reunion and Dinner*. Over the years we have changed the timing, venue and menu, however the number attending has decreased. The committee would be grateful if members could let us know if you would like this event to continue and if so how it should be arranged.

Some of our suggestions were to change to a *lunch time meal* at a restaurant in close vicinity to the centre of *Preston*, when this should take place or to continue with an evening meal which we would hold in *central Lancashire* and at a different time of year than April.

We would be grateful if members would send their comments to me either by email to my email address or by phone or by letter via the *Branch office*. We would like to have a further discussion with your views at our next meeting at the beginning of July.

Currently the newsletter is prepared after our meeting which usually takes place on the first Friday of the month. We are looking at ways to agree a regular date for printing rather than after the meeting.

Our *Bowling* afternoons at *Penwortham Bowling Club* have commenced but the first afternoon was the Friday of the bank holiday weekend and probably clashed with other events. The next one will be on the last Friday in June.

Maureen Vass

Secretary

Time and Experience

Do you feel as a retired professional that you still have something to offer in a work environment or in the voluntary sector? If so, then you may be interested in a new initiative called "*Time and Experience*" which is currently being piloted in the *North West*. The idea is that a data base is maintained of *retired professionals/executives/specialists*

wishing to continue to make use of their skills. At the same time a *resource bank* of all companies and organisations needing *access* to such *expertise* and *guidance* is being built up with the idea that individuals and organisations can be matched up. The project is administered by the *University of Chester* and is currently being funded by the *North West Regional Development Agency* until March 2011. Ways of financing the project beyond *March 2011* are currently being explored.

If you are interested in *registering for this initiative* you can do so via the website www.timeandexperience.org.uk, or you can ring the *University of Chester* on *01244 511830*. Membership is *currently free* and there is the opportunity to get involved at the early stages of an initiative which seems to have good prospects in the present economic and demographic climate.

Roger Rymer

Vice Chairman

Northern Sub Group

Annual Summer Lunch ***Tuesday 6th July at 12.30pm***

This popular event has been arranged at the *Headway Hotel* and the menu includes a choice of 3 starters, 4 main courses and 3 sweets. The price, inclusive of tea/coffee and mints is £12.45 (*less than at the Elms Hotel last year*).

Barabara Rudge will give one of her holiday talks (assuming we will be in a private room).

An application is attached to be returned to *Ron Clements* at the address shown.

Ray Rudge

Treasurer

Retired Members ***Walking Group***

Group Correspondent Don Windle, 25 The Howgills, Fulwood, Preston, Lancashire PR2 9LX.
Telephone: (01772) 713820.

Arrive in good time and lock up your car carefully.

Listen to the weather forecast and bring suitable clothing, plus dry socks.

Wear stout footwear, footpaths and bridleways can be muddy and eroded at any time of the year.

Our programme for 2010 is as follows

**23rd June, 14th July, 21st July (Roy's long walk)
11th August, 8th September, 13th October,
3rd November (Programme meeting)**

Grid References give Location of Meeting Points

If you are not familiar with *grid references*, the meeting points can be located from most regular **4 miles to 1 inch** motoring maps.

The next walk is on **Wednesday 23rd June** start at 11am. Walk Leader is **Trevor Draycott**, you can contact him on **01772 705876** or **Mobile: 07895783951**.

Meet in the **Yorkshire Dales National Park** at **MALHAM** at the southern end of **Malham village**. **Malham** is approximately seven miles by road north of the **A65** turn north onto **Eshton Lane** in **Gargrave**. The unclassified road winds its way north along the **Aire Valley via Airton and Kirkby Malham** not a road to rush neither are the several alternative routes you may see on the map. **Ordnance Survey Outdoor Leisure 2. Grid Reference 900 627. Landranger 98** A walk of approximately 7 miles, with toilets at the car park.

A circular walk around **Malham** including **Nappa Cross, Langscar Gate, Water Sinks, Malham Lings,** and **Janet's Foss**. **This walk will include some stiff gradients**

Flo & Don Windle"

Walk Organisers

Please keep sending your stamps to **Derian House**. Many envelopes get thrown away; it only takes a minute to tear the stamp off the corner of an envelope. (Please leave 1 inch around the stamp) Save the stamps in a container till you get a few to send on to the address below this is an on going stamp appeal for a very worthy cause.

Derian House Children's Hospice, The Appeals Office, Derian House. Chancery Road, Astley Village, Chorley Lancs. PR7 1DH.

Fran Francis"

Talk Organiser 01772 742459

**Membership
Secretary's Report**

Since our last report we have had four new Members, we offer them a warm welcome. They are:

Reg Morley

Preston;

Howard Richardson

Thornton;

Mrs Helen Raby

Blackpool;

Mrs Janet Trafford

Preston.

Correction from April **Mr G Penwortham** should have read **Mr G Pennington**



There are no deaths to report this month

**Our membership is 1940
(including 35 associate members)**

Health Branch Trips

Contact Irene Cottam on 01772 492936

Wednesday 21st July

Welcome Day Out Trip with Courier to Ilkley Moor and District in the morning A four course carvery lunch at the Millstones, York's Tales Tour in the afternoon, Ending at Ripley village

Wednesday 15th September

Welcome Day Out Trip with Courier to Kirby Lonsdale Cumbria. Visiting Devil's Bridge and Ruskin's View. Lunch in a 13th Century Inn called Marton Arms. Afternoon a North Shires Tales Tour, travel the Yorkshire Dales, Lake District and Bowland finishing at Tulchan Knitwear Mill and the Country Harvest Outlet.

Cost per trip is £22.50 all inclusive.

Preston Bus Station at 9.15am or **Sharoe Green Hospital** at 9.30am for Both Trips

Apartment available to Rent

"Luxury 2 bed pent house apartment on exclusive **La Finca** championship golf course **10 km** inland mid way between **Alicante & Murcia, Spain** for rental. **Sleeps 4.**

Well equipped and beautifully furnished. Breakfast balcony and spacious roof-terrace with stunning views of the Course and of the surrounding countryside. Within easy drives of beautiful beaches, countryside, walks, cultural sites. Excellent for active or lazy holidays."

£300 - £325 per week + 20% off for all Unison Members. For more information please visit:

<http://www.lafincagolfowners.org>

Or ring Bill Taylor on:- **07768 793 312** or **01254668404**

UNISON RETIRED MEMBERS NORTHERN SUB GROUP SUMMER LUNCH
THE HEADWAY HOTEL MARINE RD EAST PROMENADE MORECAMBE

Tuesday 6th July 2010 - 12.00 for 12.30

MENU

STARTERS

a. **CHEFS HOMEMADE LEEK & POTATO SOUP**

Served with a bread roll

b. **MELON VERONIQUE**

Chilled Pearls of Honeydew Melon combined with Grapes

c. **CHICKEN LIVER PATE**

Served with onion chutney, oatcakes and a crisp salad

MAIN COURSES

1. **TRADITIONAL ROAST LEG OF LAMB**

Slices of Lamb served with rich gravy

2. **BAKED SALMON SUPREME**

Salmon Supreme topped with a Lemon and Herb Crust

3. **HAM PLOUGHMAN'S PLATTER**

Sliced roast ham, cheddar cheese, pickle, apple, served with a salad

4. **VEGETABLE FILO BASKET**

Melody of lightly roasted vegetables, in a light tomato & basil sauce served in a basket of filo pastry

Chefs selection of Potatoes and Vegetables

SWEETS

A. **STRAWBERRY SHORTBREAD**

Compote of fresh strawberries served with shortbread

B. **ICE CREAM TRIO**

Choice of ice cream flavours' topped with cream & wafer

C. **FRESH FRUIT SALAD**

Fruit salad served with cream

Tea and Coffee (served with mints)

Northern Sub Group

Summer Lunch - Tuesday 6th July 2010

I/We wish to attend the above I enclose my/our meal selections & cheque for £.....(at £12.45 per meal)

Please make cheques payable to:- 'Lancashire Unison Retired Members Section'.

Please PRINT your Name & Address:

Name

Address

.....

.....

Post Code *Tel. No.*

<u>Starter letter</u>	<u>Main Meal number</u>	<u>Sweet letter</u>

Please return bottom part of this sheet with meal requirement's to:-
R Clement, 2 Leycester Drive, Lancaster. LA1 5HP. (Contact Number:- 01524 35860)

