

Lancashire UNISON

Newsletter

Retired Members Section

EDITION NO. 99 - May 2008

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Diary Dates 2008

County Hall

Talks - 2pm

Friday 31st October

Mr Aled Jones on The Life and Times
of Florence Nightingale

Friday 28th November

Mrs J Twigger

Demonstrates Festive Flowers

Friday 12th December

(note change of speaker)

Elaine Burridge on Gift-wrapping
with a Difference

Northern Sub-Group

Annual Summer Lunch

Tuesday 1st July - Elms Hotel

Join us for the **Annual** lunch & afterwards,
listen to **Barbara Rudge** giving one
of her adventure talks

Walks 2008

Wednesday the 14th May

a walk around **Spring Wood** then up
to the **Nick of Pendle** and **Wiswell**

Continental Holiday

Commencing 27th November

for 4 days at **Lake Wolfgang** in **Austria**

Morecambe

Having had our annual general meeting the summer is here. This means our **Northern Sub-Group** more or less takes over until October. By the time you read this **Ron Clements's** trip to **East Lancs** will have taken place and with this Newsletter are the details of the **Summer Lunch** at the **Elms Hotel** in **Morecambe**.

It seems logical to me for **Morecambe** to be a place to go on the 1st of July. **North Morecambe**, or **Bare**, where the lunch takes place and talks organised by **Ileane Parr** for the **Sub-Group** also take place is a pretty agreeable spot. Just the place to make a day of it and include our activities.

Lake Wolfgang

Stella Talbot is arranging another continental holiday this year to **Lake Wolfgang** in **Austria**. The four day holiday, commencing 27th November, includes



a visit to **Saltzburg** and visits to village markets and even a ferry trip on the lake. Villages visited include **Stobl** and **St Gilgen**, the birthplace of **Mozart's** mother. The cost for the four days is **£419**. For more information ring **Stella** on **01254 85 3687**.

Dave Sergeant

Chairman

UNISON BRANCH OFFICE - Christ Church Precinct, County Hall, Preston, PR1 8XJ.

Tel. 01772 533072 or email:- unison@unison.lancscc.gov.uk

Executive Committee News



Our *Annual Reunion and Dinner* took place at *Barton Grange Hotel* on Friday 11th April. A very enjoyable evening was had by all those who attended.

On the 28th April we held our *Annual General Meeting* at which it was good to see many familiar faces. We re-elected *Dave Sergeant* as our *Chairman*, *myself* as *Secretary*, *Ray Rudge* as our *Treasurer* and *Kath Montgomery* as our *Welfare Secretary*. Since then we have held our May committee meeting when were-elected *Roger Rymer* as *Vice Chair*, *Stella Talbot* as *Membership and Distribution Secretary*, and to cover our *social activities*, we re-elected *Fran Francis* to arrange talks in *Preston*, *Ileane Parr* to arrange talks in the *northern sub-group* and *Ron Clement* to arrange *trips*. Besides this we elected our representatives to the *Branch Committee*.

We still have one vacancy on our committee, if anyone would like to join us please let me know.

Maureen Vass"

Secretary

Northern Sub Group

Annual Summer Lunch.

Elms Hotel Morecambe
12.30pm Tuesday 1st July

This popular event has been arranged in a private room at the

Elms Hotel and the menu includes a choice of 3 Starters, 4 Main courses and 4



Sweets. The price, inclusive of coffee & chocolates, is £12.95 (as last year). Afterwards, Barbara Rudge will give one of her adventure talks.

An application form is attached to be returned to Ron Clement at the address shown.

Ray Rudge"

Treasurer

Activities at County Hall

On Friday 25th April we had the A.G.M. followed by a free finger buffet also the last talk before the summer break was given by *Mrs Barbara Rudge* who gave a nostalgic talk about her first meeting with a young girl they have sponsored since she was a very small child. *It was a very moving talk.*

I have booked some very interesting speakers to start in *October* after the summer break they are as follows: -

Friday 31st October we welcome *Mr Aled Jones* who has been recommended to me by one of our members. He will present a most interesting talk about *The Life and Times of Florence nightingale.*

Friday 28th November back by popular demand and with the Christmas festivities in mind *Mrs Irene Cottam* will relate her time organising an *Xmas Party*. *Twas Christmas Day in the Workhouse*

Friday 12th December just to remind everyone how near we are to Christmas we have a talented lady *Elaine Burridge* who will

demonstrate how to gift wrap your presents with everyday trimmings entitled

Gift Wrapping with a Difference

Everyone is welcome to join us at these events, bring your friends it is a pleasant way to spend an afternoon, finishing with free tea/coffee biscuits and a social chat. Once again I would like to thank our regular members for continuing to support us we could not carry on without you.

Hopefully our new (*youngish!!*) members who seem to be growing in numbers every month, would like come along with new ideas, it's a nice way to spend a wet and cold afternoon, you could always meet up with friends and colleagues in the *Vic & Station* for lunch before hand!!

The usual reminder for our new members and friends about the talks, they are held on the last Friday of the month they start at 2.00pm finishing approx 3.15pm and are held in one of the cabinet rooms at *County Hall*, (unless directed elsewhere by the security person on the day). The entrance is from *Pitt Street Main Door*. Please ensure you sign in and receive a visitor's badge. When you come to the talks you are welcome to use the staff cafeteria situated near the main door before the talk begins, for a snack or meal, again the security person will direct you.

Derian House Stamp Appeal

Please keep sending your stamps to *Derian House*, many envelopes get thrown away, it only takes a minute to tear the stamp off the corner of an envelope (please leave 1 inch around the stamp.) Save the stamps in a container till you get a few to send on to the address below this is an on going stamp appeal for a worthwhile cause.

Derian House Children's Hospice,

*The Appeals Office,
Derian House, Chancery Road,
Astley Village, Chorley,
Lancs. PR7 1DH.
Fran Francis"*

Talk Organiser (01772 742459)

**Members
Walking Group**

Group Correspondent: Don Windle, contact number 01772 713820.

Dates for the 2008 programme are: 14th May, 18th June, 16th July, 23rd July (*Roy's Long Walk*) 13th August, 10th September, 15th October, 12th November (*programme meeting*) and in **2009** 14th January.

The **May** walk is on **Wednesday** the **14th**. Walk starts at **11am**, walk leader is **Flo Windle**, you can contact her on Tel: **01772 713820**.

Meet at **WHALLEY** in the car park at **SPRING WOOD PICNIC SITE** situated on the east of the A 671 one mile south of the junction with the A 59.

Landranger Sheet 103, Grid Reference 741 360.

A walk of approximately 7 miles, there are Toilets in the car park.

After a walk around **Spring Wood** to look at (hopefully) a lovely display of bluebells we will go up to the **Nick of Pendle** and **Wiswell**.

Flo & Don Windle"
Walk Coordinators

**Garstang Walk
April 2008**

The **April** walk was a flat walk billed as just over eight miles

from **Garstang** taking in **Ford Green, Nateby, Churchtown and Catterall**.

On a dry, but cold day **21** walkers left **Garstang** and were soon climbing the steps up to the **Lancaster Canal**, where it is carried **34** feet over the River Wyre on a fine stone aqueduct. It was then two miles along the Canal, before leaving at **Nateby Hall** to cross open farmland full of sheep and a good crop of lambs as well as the odd pheasant and hare. This was roughly the route of the former railway line from **Garstang** to **Knott End** affectionately known as the **'Pilling Pig'**. We soon arrived at the imposing **Nateby Bowling Club**, just after what is left of the old railway station.

With the route being so flat the usual hill-side providing shelter and convenient sitting places was not evident so the lunch stop was taken off **Cartmel Lane**, and being so exposed to the brisk wind the cups of coffee were much appreciated. From this point the **Bleasdale Moors** were clearly visible. The walk continued through the village and out on to open and sometimes boggy fields and farm tracks. A few days before the walk some of these had been impassable and diversions were necessary to get through to **Churchtown**. At this point we reached the highest point of the walk some **12** feet above sea-level at **Wag Hill!** Eventually the River was again reached and it was on to the outskirts of the village with good views of **St Helen's Church** sometimes called the **Cathedral of the Fylde**. At this point a herd of imposing black sheep and lambs were grazing, but no one was able to identify the breed, with the best guess being **Jacob Sheep** – the



internet does not confirm this as they have many more white spots!



The final four miles took us on to **Catterall** and across the **A6** and then along the River past **Garstang Golf Club** to the **Old Road** into the Town. This was crossed and we were soon back along the Canal from **Bridge 53**. The towpath back into **Garstang** was scattered with a number of **Marinas**, but for a bit of history we passed the ruins of **Greenhalgh Castle** on another small hill. The **Earl of Derby** built the Castle in **1490**, but this Royalist stronghold was badly damaged by the **Parliamentarians** in **1645** during the **Civil War**. Back at the car park a check on the pedometer confirmed that the eight miles was in fact just over ten miles. Congratulations to our new members on completing this extended distance.

Roy Rich"
Walk Leader

**Membership
Secretary's Report**

Since our last report we have not had any New Members.

**Deaths
of Members**

Sadly **5** of our members have died; we offer our condolences to their family and friends.

- Mrs Vera Brelsford** (Home Help) Brierfield;
- Frank Haigh** (Environment) Blackpool;
- Mrs Constance Law** Preston;
- John Waddington** (Social Services) Brinscall;

Tom Wilson
Lytham.

Our membership is 1851
(including 32 associate members)

Available to Rent

"Luxury 2 bed pent house apartment on exclusive *La Finca* championship golf course *10 km* inland mid way between *Alicante & Murcia, Spain* for rental. *Sleeps 4.*

Well equipped and beautifully furnished. Breakfast balcony and spacious roof-terrace with stunning views of the Course and of the surrounding countryside.

Within easy drives of beautiful beaches, countryside, walks, cultural sites.

Excellent for active or lazy holidays."

Around **£275 - £300 per week.** With an additional **20% discount to Unison Members**

For more information contact:-

sirbilltaylor@btinternet.com



Travelling to Florida this year, why not add an extra week to begin or finish your holiday.

One week available to rent **27th September - 4th October 2008** at **Orange Lake Resort & Country Club** Kissimmee Florida. £375.

Two Bedroom, two bathroom deluxe 'Villa' condo, sleeps 6/8. fully-equipped kitchen, king-sized bed, two queen-sized beds, pullout sofa sleeper, full-sized washer & dryer, and much more.

For more info Tel 01772 727812 or see it on the Internet at:-

http://orangelake.com/tour_our_resort/360_views.html



and to finish...

ahh.. to be a man!!!

Money

A man will pay £2 for a £1 item

he needs.

A woman will pay £1 for a £2 item that she doesn't need but it's on sale.

Bathrooms

A man has six items in his bathroom: toothbrush and toothpaste, shaving cream, razor, a bar of soap, and a towel from M&S.

The average number of items in the typical woman's bathroom is 337. A man would not be able to identify more than 20 of these items.

Arguments

A woman has the last word in any argument.

Anything a man says after that is the beginning of a new argument.

Future

A woman worries about the future until she gets a husband.

A man never worries about the future until he gets a wife.

Success

A successful man is one who makes more money than his wife can spend.

A successful woman is one who can find such a man.

Marriage

A woman marries a man expecting he will change, but he doesn't.

A man marries a woman expecting that she won't change, but she does.

Happiness

To be happy with a man, you must understand him a lot and love him a little.

To be happy with a woman, you must love her a lot and not try to understand her at all.

Dressing Up

A woman will dress up to go shopping, water the plants, empty the bins answer the phone, read a book, and get the post.

A man will dress up for weddings and funerals.

Natural

Men wake up as good-looking as

they went to bed.

Women somehow deteriorate during the night.

Offspring

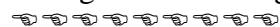
Ah, children. A woman knows all about her children. She knows about dentist appointments and romances, best friends, favourite foods, secret fears and hopes and dreams.

A man is vaguely aware of some short people living in the house.

Though for the Day

A married man should forget his mistakes.

There's no use in two people remembering the same thing.



And finally from *Mrs Margaret Paynter* one of our members

A Prayer for the Stressed

Grant me the serenity to accept the things I cannot change,

The courage to change the things I cannot accept,

And the wisdom to hide the bodies of those I had to kill today because they got on my nerves.

Help me to be careful of the toes I step on today as they may be connected to the feet I may have to kiss tomorrow.

Help me always give 100% at work...

12% on Monday, **23%** on Tuesday, **40%** on Wednesday, **20%** on Thursday, and **5%** on Friday.

Help me to remember when I'm having a bad day at work and it seems that people are trying to wind me up, it takes **42** muscles to frown, **28** muscles to smile and only **four** to extend my arm and smack someone in the mouth.



May I also take this opportunity to say thank-you for your kind words, when I spoke to many of you at this years AGM. your editor...

UNISON RETIRED MEMBERS NORTHERN SUB GROUP LUNCHEON AND TALK

THE ELMS HOTEL BARE MORECAMBE

Tuesday 1st July 2008 - 12.00 for 12.30

MENU

STARTERS

1. **LEEK and POTATO SOUP**

Freshly prepared and enriched with dairy cream

2. **DOVETAIL OF MELON**

A fan of ripe honeydew melon served with seasonal fruits and raspberry coulis

3. **PRAWN and WALDORF PLATTER**

Chilled Icelandic prawns in a crisp Waldorf salad of apples, celery & walnuts napped by Marie Rose sauce

MAIN COURSES

A. **ROAST LEG of LAMB**

served with sweet mint sauce and pan gravy

B. **GRILLED SALMON**

Fresh fillet of salmon, grilled and served with lemon and herb butter

C. **ROAST RIB OF BEEF**

Presented with Yorkshire pudding and horseradish sauce

D **BEEF SALAD**

All served with a selection of fresh market vegetables and potatoes or a crisp seasonal salad

SWEETS

W **LEMON SPONGE AND CUSTARD**

X **FRESH FRUIT SALAD**

Y **FRESH CREAM GATEAU**

Z **VARIOUS ICES**

Freshly brewed Kenco coffee with chocolate confection

Northern Sub Group

Luncheon & Talk - Tuesday 1st July 2008

*I/We wish to attend the above I enclose **my/our** meal selections & cheque for £.....(at **£12.95** per meal)*

Please make cheques payable to:- **'Lancashire Unison Retired Members Section'**.

Enter your Name & Address:

Name

Address

Tel No.

Signature

| <u>Starter number</u> | <u>Main Meal letter</u> | <u>Sweet letter</u> |
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Please return bottom part of this sheet with meal requirement's to:-
R Clement, 2 Leycester Drive, Lancaster. LA1 5HP. (Contact Number:- 01524 35860)